



## Business Lunch Menus

Choose from our range of set lunch packages or work with us to create a bespoke menu. All our food is delivered to you in Brighton & Hove with beautiful presentation & ready to serve.

### Big Fig Business Buffet

£12.50 per person

All our delicious food is prepared in-house at the Big Fig & is locally sourced supporting our organic farmers & local growers whenever we can. For information on fillings, salads & bites please see the last page of this menu.

Selection of focaccias

-

Selection of wraps

-

Seasonal salad

-

Selection of 'Big Fig' bites

-

Selection of 'Big Fig' chutneys & marmalades

***Each individual will have a whole focaccia, a whole wrap, salad, 2 bites & selection of 'Big Fig' chutneys & marmalades.***

#### Extras

Add 'Big Fig' muffin selection £2 per person

Add selection of 'Big Fig' flapjacks & brownies £1.50 per person

Please ask about our seasonal fruit platter & drinks



## Business Lunch Menus

### Big Fig Working Lunch

£10.00 per person

All our delicious food is prepared in-house at the Big Fig & is locally sourced supporting our organic farmers & local growers whenever we can. For information on fillings, salads & bites please see the last page of this menu.

Selection of focaccias

-

Selection of wraps

-

Seasonal salad

-

Selection of 'Big Fig' bites

-

Selection of 'Big Fig' chutneys & marmalades

***Each individual will have the choice of a ½ a focaccia, ½ wrap, salad, 2 bites & selection of 'Big Fig' chutneys & marmalades.***

#### Extras

Add 'Big Fig' muffin selection £2 per person

Add selection of 'Big Fig' flapjacks & brownies £1.50 per person

Please ask about our seasonal fruit platter & drinks



## Business Lunch Menus

### Big Fig Light Lunch

£8.50 per person

All our delicious food is prepared in-house at the Big Fig & is locally sourced supporting our organic farmers & local growers whenever we can. For information on fillings, salads & bites please see the last page of this menu.

Selection of focaccias

-

Selection of wraps

-

Selection of 'Big Fig' bites

-

Selection of 'Big Fig' chutneys & marmalades

Or

Selection of focaccias

-

Selection of wraps

-

Seasonal salad

***Each individual will have the choice of either a focaccia or a wrap & 2 bites with chutneys & marmalades or salad depending on selection from above.***

### Extras

Add 'Big Fig' muffin selection £2 per person

Add selection of 'Big Fig' flapjacks & brownies £1.50 per person

Please ask about our seasonal fruit platter & drinks

**Below is a sample of our fillings for our freshly baked focaccias & wraps, 'Big Fig' bites & salads. Our menus are constantly changing as are our seasonal ingredients, always ensuring you get the freshest selection.**

### **Focaccias**

'Big Fig' salmon gravlax with cucumber & fennel chutney  
Sussex Brie, 'Big Fig' pear honey, mixed leaf  
Organic roasted vegetables with sunflower seed pesto  
Sussex Charmer & tomato chili jam  
'Big Fig' sweet boiled ham, English mustard, & tomato

### **Wraps**

'Big Fig' hot smoked salmon with beetroot & balsamic chutney  
'Big Fig' free-range chicken breast, wholegrain mustard mayo with rocket  
Organic vegetable pate with crisp organic leaf  
Two Hoots Blue with cucumber & fennel chutney

### **Bites**

Smoked haddock scotch eggs with a watercress mayo  
Organic Sussex lamb bonbons rolled in an organic herb crumb with a sweet & spicy pumpkin sauce  
Kimchi pancake with a tofu miso turmeric dressing served with a spiced tempura quail egg  
Yoghurt flatbread parcels with Moroccan spiced minced lamb & fresh herbs  
Confit squash tart  
Arancini stuffed with seasonal vegetables served with a yellow cherry tomato relish

### **Seasonal Organic Salads**

Asparagus, tender stem broccoli, fine green beans & roasted onions in a parmesan & walnut dressing  
Fennel, radish & yellow pepper with roasted garlic & dill dressing  
Heritage beetroot, carrot & celeriac salad with a lemon, olive oil & mixed herb dressing

**To book your Business Lunch contact us at**

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[www.thebigfig.co.uk](http://www.thebigfig.co.uk)

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